

FEBRUARY 2023

Mescalero Apache School

LUNCH



"This is an equal opportunity institution"



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY



Pulled Pork Sandwich **1**
Cucumbers
Grapes
Oven Potatoes
Milk

BBQ Boneless Wings Baby **2**
Carrots
Macaroni and Cheese
Apples
Milk

Craisins
Rice Crispys

Chicken Alfredo **6**
Broccoli
Mandarin Oranges
Garlic Bread
Milk

Tamales **7**
Spanish Rice
Refried Beans
Grapes
Milk

Grilled Cheese **8**
Tomato Soup
Cucumbers
Apples
Milk

Chicken Nuggets **9**
Baby Carrots
Mashed Potatoes w/ Gravy
Banana
Milk

Grapes
String Cheese

Chicken Chop Suey **13**
Broccoli
Mandarin Oranges
Fortune Cookies
Milk

Chicken Enchiladas **14**
Spanish Rice
Refried Beans
Grapes
Milk

Corn Dogs **15**
Cucumbers
Oven Potatoes
Apples
Milk

Chicken Strips **16**
Baby Carrots
Mashed Potatoes w/ Gravy
Banana
Milk

Raisins
Cinnamon Cookies

No School **20**
Presidents' Day

Chicken Nachos **21**
Lettuce and Tomato
Corn
Grapes
Milk

Cheeseburger **22**
Cucumbers
Oven Potatoes
Apple
Milk

Pizza **23**
Baby Carrots
Green Beans
Banana
Milk

Apple Slices
String Cheese

Spaghetti **27**
Broccoli
Mandarin Oranges
Garlic Bread
Milk

Chicken Fajitas **28**
Tortilla
Refried Beans
Grapes
Milk



After school snacks are provided Mon-Thursday after the bell.